

Power Players

Elisabeth King plugs in 10 fast-working gadgets designed to rev up your looks.

The days are long gone when your hands were the only tools you needed to scrub up well. The latest technologies have invaded the bathroom to offer a professional finish to your hair, face and pearly whites.

CLARISONIC PLUS SONIC

Celebrities such as Ashton Kutcher and Jessica Alba are addicted to the Clarisonic sonic cleanser, the market leader in electronic cleansers in the US and Australia.

At-home hair removers, skin scourers and wrinkle-busters now boast sales in the billions and this is the most successful of them all.

The basic principle of sonic cleansers is that the brush vibrates at a frequency of 300 movements per second to remove twice as much dirt as washing the face by hand. Skin looks much clearer after one use. Teamed with specially



formulated skincare products (hydrating, deep-cleansing, anti-acne, etc), sonic cleansers minimise the appearance of pores and reduce dry and oily areas and blemishes.

The launch of the Clarisonic MIA (\$139) in

Australia last year was a sell-out success. A smaller version of the Clarisonic Plus, you can tuck it in your gym bag. All models can be used in the shower. **Cleanser (\$265; Myer and David Jones stores, and online).**



REMINGTON ULTIMATE STUBBLE TRIMMER LITHIUM ION

If there's one grooming category guaranteed to throw up mixed reviews, it's stubble trimmers. What works for one guy doesn't work for the next one. This smart model is excellent and the action of the blades is much smoother than many other stubble trimmers on the market. The battery seems to last forever. Some men claim that it doesn't need re-charging for nearly three months if you use the trimmer once or twice a week. **From \$73.95; 1800 623 118.**



SQOOM ACNE KIT

Developed by gun German doctor, Helmut Christ, this exy hand-held device is a best-seller in Europe. The reason? Anti-acne ingredients are pushed deeper into the skin via more than one million ionisation and ultrasound vibrations per second. It also reduces sebum production and blasts pores free of clogging debris. Grade A results and there's no risk of skin becoming dehydrated, red or sun-sensitive. **From \$895 with gels; online at www.drserene.com**



ORAL-B TRIUMPH WITH SMART GUIDE ELECTRIC TOOTHBRUSH

Winner of the 2012 Best Gadget award on beautyheaven.com.au, one of Australia's top-rated beauty and grooming sites, this high-tech performer makes your teeth look and feel cleaner and brighter and puts the brakes on over-brushing by signalling with an LED light. After one month's use your gums will be much healthier and there will be much less plaque to scrape off the next time you're mouth-open in the dentist's chair. If you're nervous about forking out so much for a toothbrush, just think how much root canal therapy and fillings cost. **From \$199.99; oralb.com**

